



Joint Headteachers: Ms Danielle Boder-Cohn & Mrs Daniella Spector

## Lower Gan

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## Upper Gan

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Bushey & District Synagogue

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Registered charity No: 242552

[www.busheyganim.org.uk](http://www.busheyganim.org.uk)

## **Food, Drink & Birthday Celebration Policy**

Bushey Ganim regards snack and meal time as an important part of the day. Eating represents a social time for children and adults, and helps children learn about healthy eating.

### **Aim**

At snack and meal times, we aim to provide nutritious food, which meets the children's individual dietary needs. All foods are handled using strict health and hygiene regulations.

### **Methods**

- Before a child attends Bushey Ganim, we find out from parents their children's dietary needs, including any allergies.
- This information is recorded in the child's personnel folder.
- Parents are regularly consulted, to ensure all records are up to date.
- All staff and volunteers are fully informed of individual children's dietary/ allergy needs. Those children are clearly identified to all staff.
- Parents are informed of the foods provided at meal/ snack times. They are also informed about the various cookery activities.
- We provide nutritious food at all meals and snacks, avoiding large quantities of fat, sugar, salt and artificial additives, preservatives and colourings.
- Children are not singled out because of their allergies or dietary needs.
- When preparing any food, strict standards of health and hygiene are used.
- We organise snack/ meal times so that they are social occasions in which children and staff participate.
- We use meal/ snack times to help children to develop independence through making choices, serving food and drink, feeding themselves and clearing up.
- We have fresh drinking water available for the children. We inform the children about how to obtain the water, and that they can ask for water at any time during the session.

### **Birthdays**

We are happy to celebrate your child's Hebrew or English birthday at the Ganim.

Any cakes or food brought into the Ganim must be milk and nut free and packaged with a valid kashrut label.

We do not encourage bringing sweets and lollipops to celebrate the occasion.

We are unable to give out invitations for parties held on Shabbat and Chagim (Yom Tov), or for parties taking place at non-kosher venues.

We respectfully request that you take into consideration, when organising parties, that there will be children who may be upset if they are unable to attend for religious reasons.

We ask that you respect this policy in order to avoid causing offence.

**Please ensure that your child finished their breakfast before coming into Gan. No unsealed food as described above may be brought onto the premises past the main gate.**